

Claudio Perret, PhD, obtained his master degree in pharmaceutical sciences in 1994 and then completed his PhD in exercise physiology at the ETH Zurich, Switzerland. Since 2002 he works as a senior researcher at the Institute of Sports Medicine at the Swiss Paraplegic Centre Nottwil, Switzerland, where his main research interests include exercise and respiratory physiology as well as sports nutrition focussed on optimising exercise performance in disabled as well as in able-bodied athletes. To date he published over 35 peer reviewed original articles in this field.

As a member of the Swiss Olympic Association task force he contributes since 2005 to the preparation of Swiss athletes and coaches in view of the Olympic and Paralympic Games. Additionally, Dr. Perret is a member of the expert groups “Endurance” as well as “Sports Nutrition” of the Swiss Olympic Association and a steering committee member of ERGiDS (European Research Group in Disability Sports). Further, he is a lecturer for “spinal cord injury and exercise” at the ETH Zurich, leads educational courses for Swiss wheelchair coaches and acts since over ten years as a personal consultant of several Swiss able-bodied and disabled world-class athletes.